

SURF WISE

for schools

setting the world standard in surfing education

School sports programs are meant to be fun and surfing is the ultimate 'fun in the sun' sport. With ASI's Learn to Surf program you get fun, plus the best and most comprehensive competency-based surf education to prepare your students for a career in sports and recreation.



Why Your School Should Choose ASI's SURF WISE Program



- ASIs Learn to Surf program slots seamlessly into your curriculum. Choosing an ASI accredited surfing school to deliver your school's Learn to Surf program ensures that your participants receive structured learning **based on the Australian Qualifications Training Framework** with vocational education training outcomes aligned with the Department of Education units of competency across the country. Upon successful completion of the program, your students can qualify to receive credits towards their Higher School Certificate or equivalent.
- Your school can be confident that your students are receiving a **world-class nationally recognised qualification with ASI**. As a Registered Training Organisation, ASI surf schools and programs adhere to a rigorous assessment and audit process. Not only are ASI surfing instructors the highest qualified in the world, they are also workplace trainers able to directly assess students and approve their SURF WISE Certificates of Achievement. ASI head office is also able to issue Statements of Attainment recognised by industry, tertiary and vocational institutions around Australia and has its own stable of qualified Department of Education approved assessors to sign off on student workbooks.
- ASIs Learn to Surf **modularised program** is unique in the world and designed to allow participants to progress at their own pace and maximise their success so they stay engaged and interested in the sport. Unlike other learn to surf programs, ASIs is based around classroom and practical learning supported by guided teaching resources and mandatory workbook assessment to track student progress, identify where additional assistance may be required and provide a consistency of content delivery and assessment criteria.
- ASIs Learn to Surf program is also unique in that it offers **ten levels of assessment** over four clearly defined curriculum covering Beginners (Level 1-3), Intermediate (Level 4-6), Advanced (Level 7-9) and Elite-Advanced (Level 10) levels of skill.
- Delivery of the ASI Learn to Surf program can be **customised to suit budget** and time constraints, eg, some theory components can be taught in-house by teachers aided by ASI manuals or the program can be run in a camp format. All practical components are delivered by ASI accredited surfing instructors.

ASI SURF WISE Program - the best choice in school surf education

Mastering the skills of surfing requires solid theoretical knowledge as well as experience in the water.

Innovative Learning Delivery Format



- ✓ Program can be delivered over a semester or in a day camp format and are conducted by some of the highest qualified surfing instructors in the world.
- ✓ Save on costs with option for theory to be delivered by teachers in the classroom via ASI Teacher Guides and DVD before students hit the beach with ASI surf instructors.
- ✓ Completing theory before practical lessons enhances student understanding and safety and ensures time spent on beach is 100% focussed on practical learning.
- ✓ Designed to be fun and interesting, the theory component of the program is based on projects and internet research, ideal for days when it is not suitable to surf.
- ✓ The program is available for three learning levels covering Beginner, Intermediate and Advanced with various modules within each of these levels to ensure participants do not receive information overload. Each level provides the foundation skills required to progress to the next level. An Elite Advanced level is also available on request.
- ✓ This is a worldwide program and can be completed at any ASI accredited surf school in Australia and overseas.

SURF SAFETY

LEVEL 1

- Demonstrate surf awareness, safety & self rescue skills to safely participate in activities in the surf environment.

BEGINNERS

LEVEL 2 - 3

- Trim along on broken or peeling waves up to 1 ½ ft (½ metre).

INTERMEDIATE

LEVEL 4 - 6

- Perform top & bottom turns, cutbacks & re-entries in minimum 3ft (1 metre) surf

ADVANCED

LEVEL 7 - 9

- Perform a range of manoeuvres (round house cutback, snap vertical re-entry, floater, tube) in 3ft to 6ft (1 to 2 metre) surf at different breaks.

ELITE ADVANCED

LEVEL 10

- Perform manoeuvres in surf over 6 ft (2 metres) at different surf breaks.

Competency-based Modularised Learning



- ✓ ASI Learn to Surf program is competency-based. Certificates of Achievement are awarded on demonstrating proficiency not just on participation.
- ✓ Participants are assessed progressively as they complete their respective level. Assessment includes theory and practical components.
- ✓ ASI accredited surfing instructors sign off against completed assignments in the student workbook, according to the ASI worldwide assessment criteria. The student workbook records student progress and identifies where students may require extra assistance.
- ✓ When a student has demonstrated competency in assessment for the required surfing level, Certificates of Achievement are issued by ASI head office.
- ✓ ASI head office retains records of a student's level of achievement so they can continue their learning anywhere in the world without having to repeat levels.

Comprehensive Teaching Resources



- ✓ Participants receive an ASI Learn to Surf manual and student workbook for their respective skill level (Beginner/Intermediate/Advanced). These provide for structured learning with specified learning outcomes.
- ✓ The theory and practical components together with competency assessments ensure participants get a thorough foundation on which to develop their surfing skills and to surf in a safe and responsible manner.
- ✓ Teachers are provided with classroom resources including Learn to Surf DVD for Beginner Level and Teachers' Guide for delivering optional in-house theory classes.
- ✓ ASI surf schools also provide surfboards, rash vests (or wetsuits where required) in addition to qualified instructors, suitable surfing locations and distributing student Certificates of Achievement.

Learning Outcomes



- ✓ As participants progress through the various skill levels they learn the following:
 - Surf safety and etiquette
 - Caring for the environment
 - Equipment selection and use
 - Surfing skills and manoeuvres
 - Ocean and water environment
- ✓ ASI SURF WISE is an approved vocational educational training program and aligned to the school curriculum for general sports through to career-based VET qualifications and school-based traineeships. ASI SURF WISE program is accredited through the Vocational Education and Training Accreditation Board (VETAB).

What else you need to know



- ➔ **Available from:** ASI SURF WISE program including student workbooks and teachers guides are only available through ASI accredited surf schools.
- ➔ **Cost:** Please contact the ASI accredited surf school in your area for a quotation based on your specific requirements. There are options in the program delivery to accommodate budget and time constraints. ASI accredited surf schools and contact details are listed on the ASI website. www.academyofsurfing.com
- ➔ **Equipment:** All required equipment is supplied by the ASI accredited surfing school. Participants are required to bring appropriate swimwear, towel, water resistant SPF30+ sunscreen and drinking water.
- ➔ **Participation:** All participants are required to sign enrolment and participation declaration before commencing the program.
- ➔ **Funding:** If your school is applying for government funding for this program as a Nationally Recognised Training, ASI head office can provide at an additional cost a Statement of Attainment in addition to the ASI Learn to Surf Certificate of Achievement.

Surf Safety & Awareness Level 1

Aim

Demonstrate surf awareness, safety and self-rescue skills to safely participate in activities in the surf environment.

Conditions

Ocean surf – swell up to ½ metre (1 ½ feet).

Prerequisite

Swim 50 metres.

Outcomes

- Understand the surf environment
- Types of waves and their dangers
- Identify rips and how to get out of them
- Understand beach information and warning signs
- Identify surf hazards and how to avoid them
- Choose a safe swimming location
- Demonstrate skills in swimming, bodysurfing, floating and treading water
- Methods to negotiate through the surf with and without craft
- Methods to come in from the surf with and without craft
- Use self rescue techniques

Qualification

ASI Surf Safety & Awareness Achievement Certificate

OR

Australian Nationally Recognised Training (NRT) Statement of Attainment.



Beginner Surfer Level 2 - 3

Aim

Trim along on broken or peeling waves up to 1 ½ feet (½ metre).

Conditions

Sandy beach, with even gradient, free from rocks and rips/sweeps, white water / peeling waves up to 1½ feet (½ metre), wind less than 20 kph, water depth of chest deep or less.

Prerequisite

Swim 200 metres.

Level 2

- Identify the types of waves suitable for surfing
- Identify surfing hazards
- Equipment and clothing for beginner level
- Choose a safe surfing location
- Identify suitable weather conditions for surfing
- Choose a safe place to enter the water
- Negotiate small waves using a variety of techniques
- Paddle the board in trim
- Turn the surfboard in a sitting position
- Wipe-out and dismount safely
- Demonstrate correct stance
- Apply surf safety when selecting waves to catch
- Catch and ride a wave

Level 3

- Angling
- Trimming
- Turning
- Surfing etiquette - drop in rule, snaking

Qualification

ASI Beginner Surfer Achievement Certificate for level 2 or 3

OR

Australian Nationally Recognised Training (NRT) Statement of Attainment.

(On completion of all levels 2 to 3)



Intermediate Surfer

Level 4 - 6

Aim

Demonstrate ability to control the surfboard and link intermediate level surfing manoeuvres.

Conditions

Peeling (unbroken) waves of 3 feet (1 metre). Short or long board.

Prerequisite

Have the skills and knowledge at the beginner surfing level.

Level 4

- Interpret weather, swell, tides, wind direction and speed information to work out surf conditions
- Select a surfing location for the intermediate surfer
- How surfers use rips to their advantage
- Techniques to negotiate broken and unbroken waves including the duck dive
- How to exiting water at different types of surf breaks
- Choose suitable waves to ride
- Identify the take-off position
- Techniques for turning
- Methods to get off the wave

Surfing Manoeuvres

- Trim on forehand and backhand
- Top turn (forehand)
- Bottom turn (with spray, forehand)

Level 5

- Parts of your board and how they enhance performance
- Choosing a surfboard for the intermediate surfer and prevailing surf conditions
- Surfing safety and assistance clothing

Surfing Manoeuvres

- Top turn (backhand)
- Bottom turn (with spray, backhand)
- Cut-back (forehand)
- Re-entry (forehand)
- Linking manoeuvres

Level 6

- Experience surfing at a beach, reef, point & river mouth break

Surfing Manoeuvres

- Cut-back (backhand)
- Re-entry (backhand)
- Linking manoeuvres

Qualification

ASI Intermediate Surfer Achievement Certificate for each level

OR

Australian Nationally Recognised Training (NRT) Statement of Attainment (completion of all levels 4 to 6)



Advanced Surfer Level 7 - 9

Aim

Demonstrate ability to control the surfboard and link advanced level surfing manoeuvres in the critical part of the wave.

Conditions

Peeling (unbroken) waves above 3 feet (1 metre) up to 6 feet (2 metres). Short or long board.

Prerequisite

Have the skills and knowledge at the intermediate surfing level.

Level 7

- Predict surf conditions at different surf breaks taking weather, tide, and land formations into consideration.
- Select a surfing location for the advanced surfer.
- Identify surf safety issues for the advanced surfer.
- How to negotiate larger waves
- How to finish your ride on closing out and closed out waves
- How to conserve energy
- Different types of take-offs to help you catch waves
- Using gravity and g-forces to control your board
- Generate speed and power

Surfing Manoeuvres

- Fade
- Stall
- Roundhouse cutback
- Snap (forehand & backhand)
- Linking manoeuvres

Level 8

- Customise surfboards to suit your style and prevailing surf conditions
- Surfing safety and assistance clothing

Surfing Manoeuvres

- Vertical re-renty (forehand & backhand)
- Floater (forehand & backhand)
- Linking manoeuvres

Level 9

- Experience surfing at a beach, reef, point & river mouth break

Surfing Manoeuvres

- Late take-off
- Backdoor take-off
- Tube ride
- Pigdog
- Layback
- Linking manoeuvres



Qualification

ASI Advanced Surfer Achievement Certificate for each level

OR

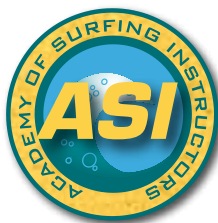
Australian Nationally Recognised Training (NRT). Statement of Attainment (Completion of all levels 7 to 9)



ACADEMY OF SURFING INSTRUCTORS

SURFWISE

for schools



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SURFWISE

SURF WISE Learn to Surf Program is developed by the Academy of Surfing Instructors (ASI).

ASI is the world's leading provider of surfing training and education and an Australian Registered Training Organisation (RTO).

ASI is the only surfing organisation worldwide to have written and published Learn to Surf manuals and accompanying student workbooks. These are available for purchase via ASI accredited surf schools.

Over 100 schools across Australia are currently using ASI Learn to Surf manuals and workbooks for purchase via ASI accredited surf schools and ASI Head Office.



NSW Vocational
Education & Training
Accreditation Board



NATIONALLY RECOGNISED
TRAINING